# FRONT STREET FITNESS

@ MISS JULIE'S FITNESS SCHEDULE

EFFECTIVE 6/21/21

| MONDAY | TUESDAY | WEDNESDAY |
|---|---|---|
| 8:15 am<br>Pilates<br>BootCamp<br><br>7:00 pm<br>CardioDance<br>BootCamp | 7:00 pm<br>Spin | 8:15 am<br>Spin<br><br>7:00 pm<br>H I I T<br>BootCamp |

| THURSDAY | FRIDAY | SATURDAY |
|---|---|---|
| 7:00 pm<br>Spin | 8:15 am<br>Spin&Strength<br>BootCamp | 8:15 am<br>H I I T<br>BootCamp |

| SUNDAY | NOTES |
|---|---|
| 8:30 am<br>Spin | $60/month for unlimited classes or $10/drop-in |